THESE APPOINTED TIMES

THE 2021 YEAR END REVIEW FOR WATERMARK HEALTH

WATERMARK HEALTH REWRITES THE HEADLINES OF OUR TIME

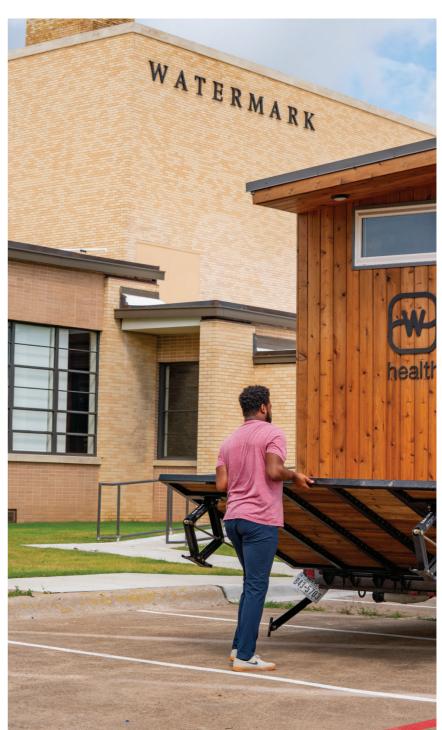
BY CHRISTY CHERMAK, EXECUTIVE DIRECTOR OF WATERMARK HEALTH

If you're like me, you might look at the headlines of our times and wonder how in the world we got to where we are today. As a human race, it feels like we're collectively facing an overwhelming amount of tragedy, navigating polarizing divisions and discord, while trying to understand a culture that is rapidly shifting its values and morals.

One of the things that I love about being a part of Watermark Health is how this ministry enters into the thick of the issues of our day. We don't shy away



CONTINUED ON PAGE 2



FROM ONE MAN HE MADE ALL THE NATIONS, THAT THEY SHOULD INHABIT THE WHOLE EARTH; AND HE MARKED OUT THEIR APPOINTED TIMES IN HISTORY AND THE BOUNDARIES OF THEIR LANDS.



MOBILE LAU Clinic Son Deployed Ser

STORIES ON PAGES 2, 6 & 7

LAUNCH OF Sonogram Services

FULL STORY ON PAGE 3

RESTORATION OF THE DE-CHURCHED

FULL STORY ON PAGES 4-5

Three Locations • Same Mission

HEALTH

Skillman • Plano • Mobile



THESE APPOINTED TIMES

ACTS 17:26 PAGE 2

CONTINUED FROM PAGE 1... from the difficult, and we also aren't armchair experts- grumbling about the state of the world from the comfort of our home. As we follow Jesus, He has shown us how to sacrifice our desires and comforts and safety in order to choose to count others more valuable than ourselves. It is the joy and honor of this mission to enter into the broken-ness of our world and provide real solutions in the name of Jesus.

Global pandemic? We're there to serve.

Healthcare disparities based on ethnicity and geography? **Our mobile unit is rolling up now.**

Mental health crisis? Our Skillman and Plano clinics are open and we're ready to help.

Our city's vulnerable left out in the cold? We'll send a team during an ice storm.

Highly debated laws about abortion? We'll add sonogram services for women and the pre-born.

Growing discord and polarization? We'll open our doors to strangers we disagree with and share love and truth with them all day long.

As newspapers and 24-hour news broadcasts have bombarded us with a million salacious sound bites about all that is going wrong, Watermark Health has been busy rewriting the story we're living in.

As you take some time to read the stories highlighting how God is using Watermark Health to rewrite the headlines of our times, I hope that you are encouraged and catch a new vision for what the Lord can do through the local church. In a time when the necessity and value of the church is being called into question, we hope these pages tell a different story.

A story of a chosen people, a royal priesthood, a holy nation that spend their days declaring the praises of Him who called them out of darkness into His wonderful light. They were once not a people, but now because of an extravagant amount of mercy are called the people of God. As they navigate this land as foreigners (for their citizenship is in a different Kingdom, and they are simply pilgrims in this one), they strive to abstain from the ways of this world. They instead live in a way that people who do not know their God and



criticize His teachings would still see their good deeds and Give Him glory for the work they do. If you know Jesus, you're

Jesus, you're a part of that story as well. You are one of those chosen people (1 Peter 2:9-12). I pray the words on these pages embolden you and encourage you to daily recommit to the call of Christ. The past few years have made it easy to get overwhelmed by darkness, but you are the light of the world. Jesus tells us to let our good works shine before others so that they give Glory to our Father who is in Heaven. And that's precisely what we hope the following pages do. Read on and join us in giving Glory to our Father who is in Heaven for all that He has done.

-2021 YEAR END REVIEW-



WMH Mobile Clinic staff and volunteers at the Watermark South Dallas Campus Fall Fun Day in October 2021.

HEADLINE: Parkland Community Health Assessment Names 75215 as One of Unhealthiest Zip Codes in Dallas County

MOBILE CLINIC DEPLOYED TO SOUTH DALLAS HIGH NEEDS AREA

The Watermark Health Mobile Clinic was officially deployed to serve the South Dallas community for the first time in early March of 2021. But this wasn't the first time Watermark Health provided healthcare needs in the area.

In August of 2020, a Pop-Up testing site was hosted weekly at Watermark's South Dallas Campus in the parking lot of the Pearl C Anderson building. Even before renovations were complete, the Watermark Health team was able to conduct drive through testing. This eventually developed into Pop-Up Clinics around the corner at the YMCA Park South, and ultimately when the Mobile Clinic was complete in spring of 2021, it was parked three days a week at the South Dallas Campus. All of this in the middle of a zip code ripe with needs.

Nurse Practitioner Ese Nosakhare has been in the thick of this zip code with Watermark Health since late 2020. "Serving here has been eye opening and a learning experience" Nosakhare shared. I have witnessed a clear lack of trust in the healthcare system. Patients still reference the Tuskeegee experiment with me as I educate about the importance of vaccines."

"From generations worth of lack of access to healthcare, it isn't viewed as a priority. It is simply what to do in an emergency; if there isn't a broken bone or weeks of not feeling well, no need to go." Nosakhare has made it a priority to educate as much as possible on the importance of preventative care, helping to explain how the healthcare system works and connect patients to their needed resources. South Dallas' first Fall Festival, both helping to serve at bounce houses and kid friendly activities, while also providing free blood pressure checks and flu shots.

"It has been a major win to watch the Mobile Clinic serve," conveys Marvin Walker, Watermark's South Dallas Campus Pastor. "God's work through the Mobile Clinic has been foundational to helping build relationships with the South Dallas community members."

Mobile Clinic Director Anthony Anderson shares that the mobile team anticipates continuing to lean on thought leaders and ministry partners in the area as they find more ways to serve the community in 2022.

"Any time we're given the opportunity to enter a new community we lean on the expertise of local partners and leaders. This past year has been a privilege to learn about the unique ways we can serve our neighbors in South Dallas. We've visited with other leaders in the community, worked on building meaningful partnerships in the area, and surveyed the community on specific needs they'd like to see met. We'd love for those who are passionate about

Praising Jesus with you, Christy "I do my best to make a patient feel like they are family. I've seen this help bring down walls. We let them know that they are loved and cared for, beyond medicine. This looks different than what they've experienced before."

The Mobile Clinic is committed to investing in South Dallas for the long term, working alongside local campus leadership and area community leaders. In August of this year they partnered with Lincoln High School to host a School Physical Day, providing school physicals for students as they began sports and extracurricular activities for the year. Later in the fall, the Mobile Clinic was present for Watermark the ministry of Watermark Health to pray with us as we pursue serving this neighborhood in meaningful ways."



You can find the Mobile Clinic set up three days a week in the parking lot of the Watermark South Dallas campus.

THESE APPOINTED TIMES

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HEADLINE: Justice Department Says US Will 'Protect' Texas Women Seeking Abortions. The New York Times, Sept. 7, 2021.

RE-WRITTEN BY WATERMARK HEALTH SONOGRAM SERVICES LAUNCHED TO BETTER SERVE WOMEN WITH UNEXPECTED PREGNANCIES

In timing that only the Lord could orchestrate, when Senate Bill 8 was signed into law in May 2021, the Skillman Clinic launched sonogram services on-site for women with unexpected pregnancies. Using the faithfulness of the body of Christ, God provided financial support for the initiative, allowing over 20 patients since then to witness the miracle of life through a sonogram in our clinic. More famously known as the Texas Heartbeat Bill, this law protects preborn lives and restricts all elective abortions after the child's heartbeat is detected, which is typically around six weeks after fertilization.

On September 1st, the law went into effect, restricting access to abortion services in the state. Staff members at local pregnancy resource centers report that they have since seen an increase in requests from women for earlier-term abortions, sometimes before viable pregnancies are even detected.

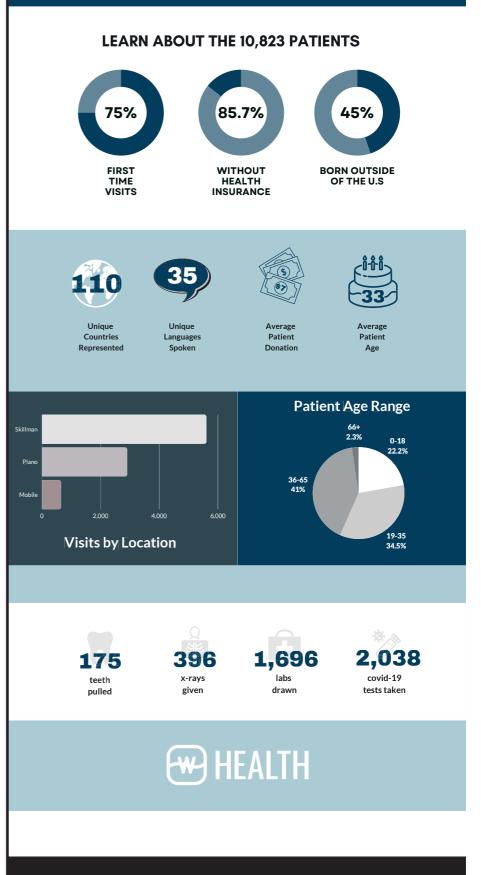
Watermark Urgent Care clinics have historically used urine tests and lab work as the primary methods for pregnancy diagnoses. This new sonogram machine is an added resource for staff and volunteers to serve women in their crisis moments. "Engaging in conversations about God's value of life is not a new area of ministry for us," said Skillman Clinic Director Samantha Parsons. "The sonogram machine is simply a new tool that strengthens the work we've been doing since day one to affirm the value of human life."

"This service helps connect women without an OBGYN to low or no-cost medical resources. It serves women who are under-resourced, under-supported, or abortion-minded with an opportunity to be connected to mentors who will care for them throughout their pregnancies," said Parsons. For abortionminded and abortion-vulnerable patients, sonograms can be an effective tool in a decision towards life. According to Heartbeat International, the average woman choosing abortion makes the decision within a day of confirming her pregnancy and obtains an abortion within the next week.

The Watermark Urgent Care team aims to schedule patients with confirmed pregnancies for a follow-up visit within 48 hours. Parsons shared that God has provided a team of on-call pastoral care volunteers that are available to be paired with patients during their follow-up visits. During a sonogram visit, volunteers help patients build a support system and plan. Mothers are connected to referrals for low-cost prenatal care and given a packet with educational content about nutrition, safe medications, and stages of fetal development. One primary connection made from these visits is to The Life Initiative ministry at Watermark Community Church. "In tandem with God aligning the pieces for us to offer sonograms, The Life Initiative team has developed a robust and growing mentor program that places women and men with one-on-one mentors to walk through the entire pregnancy and the first 2 years of life for their child." said Parsons.

In this current cultural moment, many in America view abortion as nothing more than a women's healthcare procedure and claim that Christians who oppose it do not care for the women being impacted. But Christy Chermak, Executive Director of Watermark Health, suggests that it is a different reality playing out in patient rooms.

SO THAT THE MULTITUDES MAY BE HEALED



"An unexpected pregnancy can cause all kinds of concerns and doubts and fears. A pregnancy diagnosis is a life changing moment for women, and many may understandably view it as a crisis or a problem to be solved. In our current cultural climate, it is an easy connection for women to assume that abortion will be a quick solution for an overwhelming situation. We know that at its core, however; abortion isn't only ending the life of a pre-born child but medical research continues to show us that abortion also contributes to negative emotional and medical outcomes for the mother in a way that bringing a child to term does not," said Chermak.

"In our patient visits we aren't just advocating for the child, we are also concerned about the mother's future physical, emotional, spiritual and mental health. Our team works hard to create a safe place for her to ask and process honest questions while seeking solutions that serve her best interests as well as the child's."

"We serve a God who has made it clear that He really cares about people. And so, we commit to being a ministry where all human life is valued in our patient rooms; the pre-born child, his or her mother and father, and anyone else we're given the privilege to meet and serve that day."



Every sonogram patient leaves with a photo of their baby and a variety of educational resources to help them navigate pregnancy.

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HEADLINE: American church attendance hits historic low, says Gallup Survey, New York Post, March 30 2021

RE-WRITTEN BY WATERMARK HEALTH

MEDICAL VISITS RESTORE THE UN-CHURCHED AND DE-CHURCHED TO THE FAITH COMMUNITY

ONE WAY THE CHURCH CAN CARRY OUT ITS MISSION IN A "POST-CHRISTIAN" CULTURE

A Gallup survey has reported that for the first time in 80 years, less than half of US adults belong to a religious institution. The survey's reporting on a downward trend isn't simply related to Sunday morning attendance (which certainly wavered greatly during COVID-19 public health limitations on inperson gatherings), but overall church membership and religious affiliation. Furthermore, it appears this declining trend will continue with time. The survey identifies that church membership is strongly correlated with age – with 58% of baby boomers belonging to a church, but only 50% of Generation X, and 36% of Millennials. It is anticipated Generation Z will mirror Millennial rates.

A different survey done by the Barna Group, who has collected over 20 years of data related to Christianity in the U.S., reported in early 2020 before the pandemic hit US soil that nearly two-thirds of American 18 to 29-year-olds who grew up in church have withdrawn from church involvement as an adult despite being active as a child or teen.

While these statistics could lead to a robust discussion of differing opinions on the state of the church in America and the future of the American culture, one underlying truth must be acknowledged.

The data continues to indicate that the baseline of American spirituality has shifted in recent years. Churches are no longer operating in a culture where religious affiliation is normative or expected. How, then, must Christians approach a change in evangelism and discipleship? If the general public is no longer visiting church buildings out of cultural obligations for holidays and traditions, how will people of faith meet the needs of this "post-Christian" America? What if this could happen within the context of a universal shared need and experience like medical care?

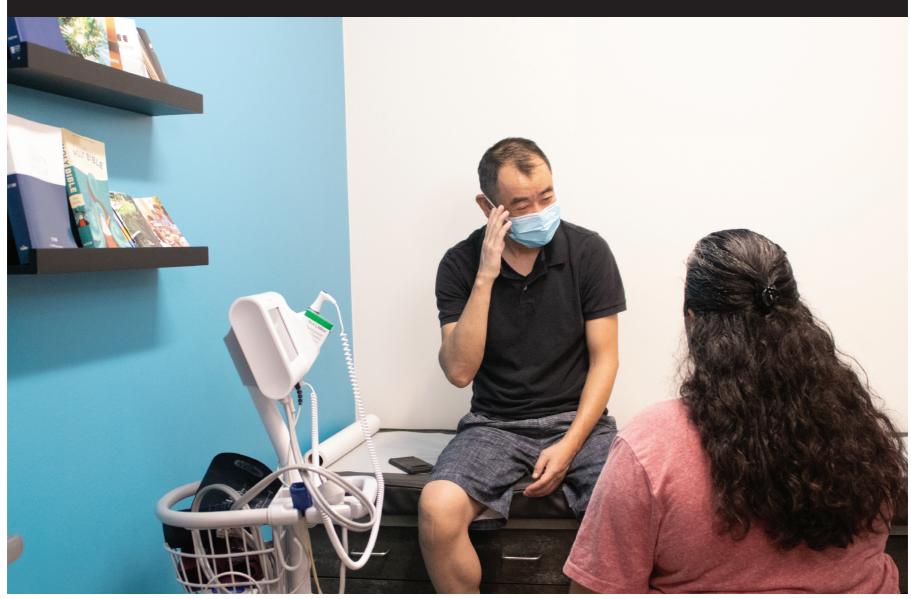
Since 2013, Watermark Health has been connecting individuals who may never walk into a church building to the church body. In the context of a medical visit, individuals have the chance to learn more about the Christian faith, the person of Jesus, and be connected to a healthy local church. This was precisely what happened with Kerissa Poss days before pandemic shutdowns in March of 2020.

Poss heard about the clinic from her therapist and when an uninsured friend shared she was sick, Poss suggested she try Watermark Urgent Care and offered to bring her there. Poss did not realize it was affiliated with a church.

After growing up going to similar clinics, Poss was surprised by how Watermark Urgent Care made her feel. "I remember when we didn't have insurance when I was younger, and we'd go to nonprofit clinics. You knew you were going there because you couldn't afford a real doctor. They weren't clean, and they were always overcrowded. It made you feel like you didn't have any dignity. It was immediately different at Watermark Urgent Care. I didn't feel that way at all."

When the pastoral care volunteer came into the room during the visit, Poss and her friend learned more about the clinic and how it's a ministry of Watermark Community Church. The conversation didn't stop there, it led to Poss sharing with that volunteer about how she wasn't in church because of

CONTINUED ON PAGE 5



In the past year, Watermark Health has served over 10,823 patients. During each of these visits, patients have been engaged with spiritually. The WMH staff and volunteers are prepared to share Biblical counsel, the Good News of Christ, and pray with all patients. Bibles and ministry resources are available in every room.

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CONTINUED FROM PAGE 4... some deep pains she had from people in churches in the past.

"I explained how I hadn't felt safe in church for a long time," said Poss. "After being sexually assaulted in 2016, I went through a tough time where I didn't feel like I got the support I needed from the people around me. My spiritual walk took a hit, and I stopped going to church."

After Poss shared her story, the volunteer shared the gospel and brought in a staff member who could connect with Poss uniquely because of abuse in her past as well.

"The staff member shared about Courageous Hope (a ministry for victims of sexual assault and abuse of both Watermark Community Church and CityBridge Community that she'd let me know when the next small group was about to launch. I left that day and didn't expect her to reach back out."

Five months later, an email came through Poss' inbox, and the timing was right for her to seek healing. "When I got that email, it stood out to me because she did what she said she was going to do. She followed up, and I knew I still had a lot of processing to do, so I said yes to joining."

Poss began consistently attending the church ministry and going through the weekly curriculum. While participating she heard about other ministries and how to get plugged in with other believers who could support her in her walk. "I started seeing a change in my walk with Christ, and my husband and my mom, everyone around me saw it as well. I also saw a change in my perspective of other Christians because I was surrounded by Christians who finally felt safe, and I hadn't ever felt that way."

"After going through the Courageous Hope curriculum, my husband and I decided to join re:generation (a recovery ministry at the church),

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and we became members of CityBridge Community Church in June 2021. My life used to be full of hurt and anger. I still face hard things, but it's not what controls me anymore. My life has more joy now, and I'm learning to trust God even in the midst of my lowest days. God is still changing me. And it all started with a visit to the clinic. That's pretty cool."

Committing to church membership mid-2021 was a big change for Poss from how she thought about church when she first encountered Watermark Urgent Care in early 2020. By providing for a physical

"MY LIFE USED TO BE FULL OF HURT AND ANGER. I STILL FACE HARD THINGS, BUT IT'S NOT WHAT CONTROLS ME ANYMORE. MY LIFE HAS MORE JOY NOW, AND I'M LEARNING TO Church). She promised TRUST GOD EVEN IN THE MIDST OF MY LOWEST DAYS. GOD IS STILL CHANGING ME AND IT ALL STARTED WITH A VISIT TO THE CLINIC. "

> need, the ministry of Watermark Health was able to connect her to a local church that could further care for her spiritual needs and launch her into a life of faithfully following Jesus. This same mission is repeated throughout all the clinics and ministry events of Watermark Health. In the past year hundreds of patients were successfully connected to ministries at a variety of local churches. In a time where fewer people are seeing the value of church membership or affiliation and attendance continues to wain, Watermark Health stands in the gap. And now, Poss is standing in that gap as well.

> "I decided to come back and serve at the clinic because my experience there from the patient perspective was so memorable. I was shown so much love by people who didn't even know me. I realized that's what believers are called to do, and I'm excited to be a part of doing that at the clinic."



HEADLINE: As the COVID-19 Crisis Ebbs in the US, Experts Brace for Some to Experience Psychological Fallout, Stat News, May 2021

RE-WRITTEN BY WATERMARK HEALTH

<u>WMH CONTINUES</u> TO BE A SAFE **HAVEN FOR THE** HURTING

Since its beginning, Watermark Health has worked to meet the physical and spiritual needs of patients. The team has noted that as the COVID-19 Pandemic has continued, the related challenges and stressors have affected the general baseline of the emotional and mental well-being of patients.

"At the beginning of the pandemic, we had many conversations with patients about anxiety and how to cope well and build healthy practices to mitigate its impacts." shares Paige Delgado, RN and Watermark Health Clinical Coordinator. "While it was sad to see how the stressors of the pandemic were impacting people, it was also a great opportunity to share about Christ with our patients and share from scripture how God's wisdom can point us towards peace."

Plano Clinic Charge Nurse Stacia Chandler has seen a similar reality. "It seems that isolation and fear have caused an increase in anxiety related medical complaints, like stomach aches, headaches, and maybe even high blood pressure." explains Chandler. "One of the ways we get to look different as a healthcare organization is by addressing the root reasons for these issues, not just treating the symptoms. Our Pastoral Care intake process really helps to uncover what is truly going on."

As the pandemic has lingered on, clinical staff have continued to see higher acuity issues related to mental health. In recent months, the clinics have seen multiple individuals experiencing suicidal ideation and some even seen for wounds incurred after suicide attempts. Chandler had the chance this year to serve one of these such patients.

"We had one patient this year that we were so honored to walk with. They came through our clinic after a failed suicide attempt. They didn't disclose that when they first arrived, but through asking intentional questions it surfaced that this is what was going on. Our team responded in the moment and after a series of follow up visits, we were actually able to witness this patient come to know Christ for the first time. It has been a story that has stuck with us this year, to se

Volunteer Kerissa Poss serving one of her shifts at the front desk at the Plano Clinic. She first got connected to CityBridge Community Church through a visit to the Plano Clinic.

how much their life was changed."

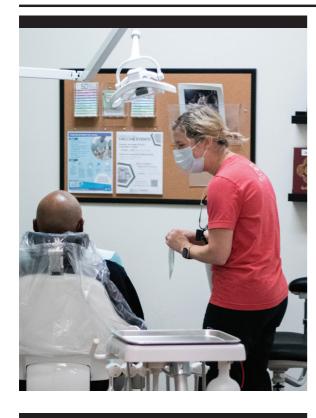
Watermark Health clinics have Pastoral Care volunteers on site daily to provide spiritual support and biblical counsel for patients, sitting with them in their grief, loss, pain, anxiety, or depression. During the visit they offer next steps with ministry partners, church programs, and medical resources.

"Watching our Pastoral Care team at work has been a joy." continues Chandler. "We can watch the entire demeanor of our patients shift during their visit. Many walk in looking hopeless or distraught, and leave feeling that weight lifted."

In Matthew 11:28-30 Jesus invites the tired weary and heavy-laden to come to Him for rest. He promises that He will carry their burdens with them. Perhaps that is the weight that Chandler speaks of. Perhaps that is the visible change that takes place as patients come and go from the building.

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E.J. O'Neal, a security officer at OurCalling, visits with WMH staff at the Mobile Clinic.

"WATERMARK HEALTH HAS BEEN A GODSEND; NOT ONLY DO THEY HELP YOU OUT IN THE MOMENT, BUT THEY ALSO HELP YOU REALIZE HOW IMPORTANT YOU ARE AS A PERSON AND HOW YOUR HEALTH MATTERS."

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THREE YEARS OF DENTAL SERVICES

WMH launched dental services at our Skillman Clinic under the direction of Dr. Kevin Aduddell, DDS in 2015. In 2018, Dr. John Wallace and his team at Dallas Oral Surgery and Associates expanded those services by opening the doors of their dental practice quarterly for a Watermark Urgent Care Satellite Clinic. They host dental health professionals, pastoral care team members, and other volunteers to provide extractions on site. The past 12 months, a team of **43** volunteers provided dental care to over **127** patients, extracting a total of **174** teeth!

HEADLINE: The states large gaps in health care access have grown even wider during the COVID-19 Disaster, Austin Chronicle, June 4, 2021

WMH MEETS IMMEDIATE MEDICAL NEEDS OF UNINSURED TEXANS AND CONNECTS THEM WITH LONG-TERM SOLUTIONS

E.J. O'Neal, a part-time security officer in Dallas, never expected that he would receive quality healthcare without insurance. Much to his surprise, an encounter with Watermark Health resourced him with not only quality healthcare access but also a group of people who cared deeply for him. One visit led to an ongoing connection with lowcost, long-term solutions for his overall health.

In early 2021, the Watermark Urgent Care Mobile Clinic became a weekly mission partner onsite with OurCalling, a nonprofit that disciples friends facing homelessness in Dallas County.

O'Neal learned about Watermark Health when he saw the Mobile Clinic on site every Thursday while contracted to work security at OurCalling.

"When they (the Mobile Clinic team) first started coming, I didn't understand what it was. When I learned that they helped with healthcare, I stopped by one day during work and asked if they could check my blood pressure." After the staff checked O'Neal's blood pressure two weeks in a row, they referred him to Watermark Health's Plano Clinic, which offers dedicate hypertension services weekly. In the last

year, there were over 135 patient visits served through the hypertension clinic. "I knew I had to do something, but I was nervous about "When Amy referred me to a long-term primary care doctor, I was a little nervous because I was comfortable with how I was cared for by the staff at Watermark, and I thought I was starting all over to find another doctor."

But it wasn't starting over for O'Neal; it was taking the next step. At Watermark Health every patient is connected during their visit with one next step they can take in their health journey. Whether it be calling primary care or getting plugged into a relevant ministry at the local church, patients always leave with at least one tangible way they can continue to build a healthy lifestyle. For Watermark Health, it's seen as a key portion of their mission and a crucial service for the community. The American healthcare system is notoriously difficult to navigate, especially for the uninsured, and the urgent care clinics help alleviate that burden by giving each patient a clear next step.

"After that visit, I was back at work, and Whitney (the mobile clinic charge nurse) asked if I'd called to get into primary care. I hadn't, and she was persistent to keep asking me. She wasn't overbearing; I could tell she was asking because she cared. She never gave up."

The encouragement from the staff helped O'Neal have the confidence to take his next best step. "I finally called and got connected with a new doctor and am doing well. I know when I wake up that I can have a good day, and I'm not going to be groggy." One of the goals of the hypertension clinic is to increase patients' health awareness. Before this year, O'Neal said he'd always taken a passive approach to health. After his experience with Watermark Health, he has a different perspective. "God gave us common sense to take care of ourselves, and with His help, that's what we should do." Even without insurance, O'Neal has learned how to be confident in finding ways to care for his health actively. These actions create space for him to serve others at OurCalling and be present with his family on his days off. "Watermark Health has been a Godsend; not only do they help you out at the moment, but they also help you realize how important you are as a person and how your health matters."

CURRENT EVENTS

In November alone, we served **23** Afghan Refugees

who have resettled in DFW after fleeing unrest in their country.

going to another location," said O'Neal.

"I didn't grow up going to the doctor. When I was younger, I thought I was bulletproof. Now I'm a grandfather, and that motivated me to go." When O'Neal visited the Plano Clinic, he continue to be surprised by the quality of care he received. "It was different. I expected to walk in, take a number, sit down, and be seen by people who don't care about what they do. It was totally the opposite. They actually had a conversation with me. They genuinely cared about me and my health."

"Amy (the medical provider who launched the hypertension clinic in late 2020) is a no-nonsense person. She cared for me by being real with me and telling me how critical managing my situation was. She took the time to help me learn about my condition. She made me feel more comfortable and confident about taking steps to better my health."

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Headline: The Homeless Population is growing older and sicker, Dallas Morning News Opinion Piece, March 7, 2021

RE-WRITTEN BY WATERMARK HEALTH

MOBILE CLINIC PARTNERSHIP WITH OUR CALLING

IN EFFORTS TO CARE FOR HOMELESS FRIENDS IN DALLAS, THE MOBILE CLINIC TEAM HAS PARTNERED WITH OURCALLING IN A VARIETY OF CAPACITIES IN 2021

Since May of 2020, Watermark Health has worked closely with OurCalling, a non-profit that runs a drop-in resource center for the homeless located just south of downtown. Their mission is to care for the chronically homeless, pointing them to Christ while also offering services to help them get off the streets.

As the pandemic began in spring of 2020, OurCalling and Watermark Health began partnering through a weekly Pop-Up Clinic serving homeless patients on site at OurCalling, aiming to make healthcare more accessible to an at risk community.

This close partnership had a chance to flourish when a catastrophic winter storm hit North Texas in February of 2021, dropping the area into sub-freezing temperatures for a full week and shutting down the power grid throughout the state. OurCalling responded to the crisis by working with the city of Dallas to use the Kay Bailey Hutchison Convention Center to house homeless friends and shelter them from the cold. A few days into the effort, OurCalling contacted Watermark Health to see if they could be on site to help as well.

A team of medical professionals from Watermark Health braved the icy streets to load up the same Pop-Up Clinic materials they had been using in previous months and set up at the convention center for the week. The team served over 60 patients that week, dealing with frostbite, general wounds, and a variety of urgent care needs.

Shortly after the Texas weather thawed, the Mobile Clinic construction was complete and from Spring onward, the Pop-Up Clinic was replaced by the newly minted Mobile Clinic deployed to OurCalling's drop in center weekly.

Anthony Anderson, Mobile Clinic Director, explains that the partnership with OurCalling has



When winter storms and subzero temperatures came through North Texas in February, members of the WMH team joined OurCalling at the convention center to provide medical care for over 60 patients in chronic homelessness who were sheltering from the below-freezing temperatures.

been a point of celebration for Watermark Health.

"Serving the homeless community brings its unique challenges but as a team we've enjoyed entering into those difficulties while getting to know the regulars at OurCalling. There are many friends who struggle with homelessness that we've built a real relationship with over the past year. When I pause to think about who it is we're serving and what we're getting to be a part of, I can't help but imagine it's exactly where Jesus would have us be." Scripture tells the story of a God who cares for and spends time with those that the world rejected or pushed to the margins. While there are a variety of complexities that drive individuals to chronic homelessness that require thoughtful interventions, much of the right response starts with something straightforward that Jesus modeled time and time again; simply showing up. This newfound partnership with OurCalling has allowed Watermark Health to do just that.



Have you followed this story?

During North Texas Giving Day, supporters gave over \$250,000 to continue the work of WMH. On that day Rochelle's story was shared. In 2018 Rochelle came through the Plano Clinic as a patient, where she committed her life to Christ. Since then, she has become an active member of CityBridge Community Church, started serving, and most recently joined the staff team as a Multi-Tech.



Supporting Healthcare Workers

During a season when Healthcare Worker burnout is at an all-time high, WMH has taken special care to provide moments of rest, reflection, and restoration for clinic staff and volunteers. In 2022, WMH leadership intends to continue providing a variety of support services for healthcare workers recovering from the throes of the pandemic.

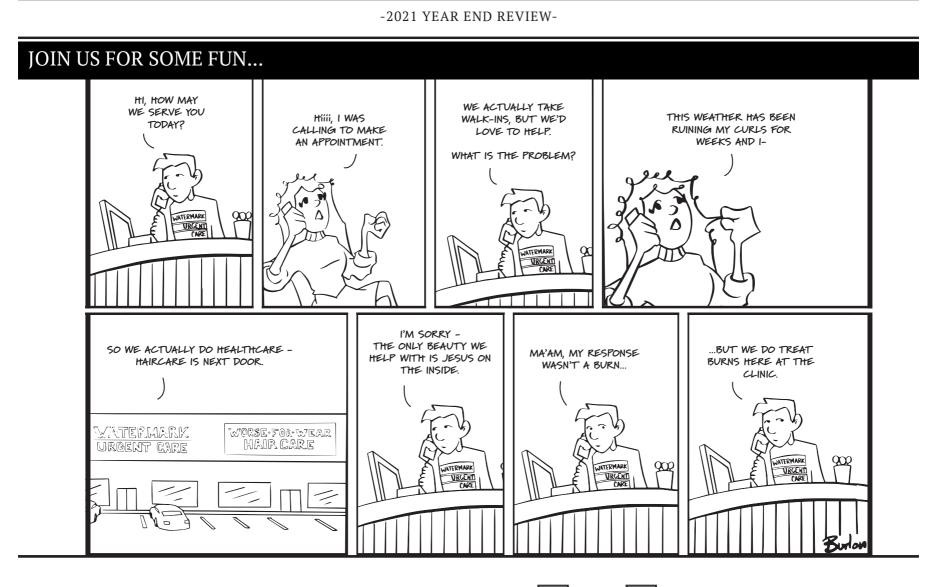


COVID-19 & Flu Vaccine Clinics

WMH continued to take efforts to curb the impacts of the pandemic through providing patient information on the vaccine at *watermarkhealth.org/covid19* as well as working with Catalyst Health Network to host multiple flu and COVID-19 vaccine clinics for area non-profits and the patient community.

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CROSSWORD PUZZLE

Across

- **3** 174 of these were extracted this year.
- 7 Cellular devise/Clinic on wheels
- ${\bf 8}\,$ The year WMH rewrote the headlines
- **9** We continue to be this type of place for patients
- **10** Discipleship ministry for the homeless, a fond WMH ministry partner

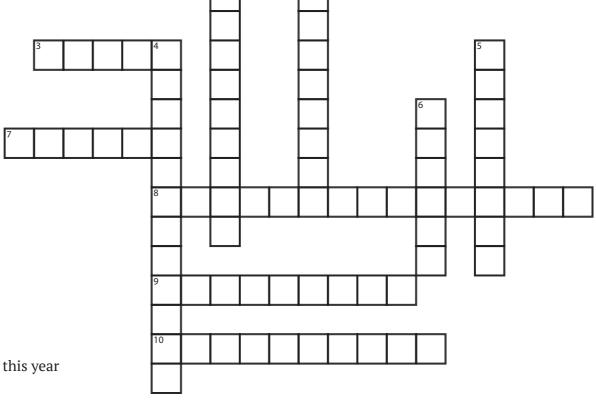
Down

- 1 Our patients represent 110 unique
- 2 Month of the snow storm

₩

HEALTH

- 4 Abnormally High Blood Pressure
- **5** Before "You're Welcome" comes...
- 6 Number of women who recieved a sonogram this year



YOU CAN BE A PART OF STORIES LIKE THESE!

These good works are only possible because the body of Christ is a part of them. Join us in 2022!

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